

## Upcoming Workshop Dates 2018/19

### **Monday 10 December 2018**

Contact are working with SENDIASS Lewisham to run a workshop to support parents and carers who have young people going through Transition. This is a good opportunity to hear about what is available from local services and who you could go to for support.

**Time: 10—1.00pm**

### **Tuesday 22 January 2019**

Contact are running a workshop to support parents and carers with information on Disability Living Allowance (DLA). This session will be delivered by the Department for Work and Pensions (DWP)

**Time: 9.45—12 pm**

### **Friday 1 February 2019**

Contact will be running an information session PIP and ESA. Again this session will be supported by the DWP, so if you have any question, please do book a place for this workshop.

**Time: 9.45—12pm**

### **Tuesday 26 February 2019**

With support from the DWP, we are running a workshop on Universal Credit. Again, we would encourage you to book a place on this workshop in order to gain more information on how the benefits system has changed.

**Time: 9.45—12pm**

**For more information on any of the above workshops or to book your place please do contact us on 0208 297 8056 or email**

**lewisham.office@contact.org.uk. All workshops will take place at Leamore Central Community Hub.**