

What are Occupational Therapy (OT) Drop-In Clinics?

At our Occupational Therapy (OT) Drop-In Clinics, parents or carers can chat to an Occupational Therapist about any concerns they have about a child's sensory and movement development as well as how to improve self care and functional independence skills needed for home and school tasks. **Regrettably this clinic will not be able to discuss the reasons your child was not accepted. (This should be taken up with the team lead) It is to offer beneficial advice and information to help you and your child.**

Who is the drop in clinic for?

Some children are not able to access the OT service because their type of needs do not fit our referral criteria or they do not reach the threshold of need that would be sufficient to access the service - coming to the drop in clinic still means they can receive advice from Occupational Therapy

If you have had OT but would like further advice or a reminder on what advice you have been given in the past- come along to the drop in clinic.

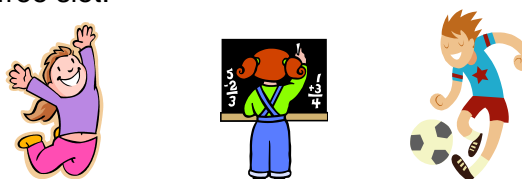
Drop-In Clinics offer:



- Advice
- Information
- Literature

No appointment is necessary.

You do not need a referral to come along to this clinic. Just turn up on the day of the clinic **with your child** and you will be seen. Alternatively we have three appointment slots available during the clinic time. If you would like to book one of these just telephone the number on the front of this leaflet to book yourself into a free slot.



What happens at the Occupational Therapy Drop-In Clinic?

1. When you arrive you will be asked to sign in at reception.
2. You may have to wait a while to see the Occupational Therapist as children and their parents/carers are seen in the order in which they arrive unless you already have a pre-booked appointment.
3. You will be asked to complete a form regarding your child's development while you wait.
4. The therapist will spend about 30 minutes talking to you, playing with your child and offering advice.

5. It may be helpful for your child to bring their favourite toy or book to the Drop-In Clinic to show the therapist, as this will help them settle.

What happens after the Occupational Therapy Drop-In Clinic?

The therapist will discuss with you how you can help your child's development. They may for example, give you advice and/or activities that you can do at home with your child and suggest that you come back to another Drop-In Clinic. Or they may advise that your child needs a full Occupational Therapy assessment or further sessions. The therapist will help you arrange this.



The therapist will make a note of what has happened at the drop-in session. This will be added to the form you filled in while you were waiting and this will be stored confidentially.

The therapist will, with your permission, share information with your child's Health Visitor, GP and School, so that they know what advice has been given. **Please let the therapist know if you do not want them to share this information.**

Where is the Occupational Therapy Drop-In Clinic held?

The drop in clinic is held at the **Kaleidoscope Centre for Children & Young People** every month. However you must get to the clinic 15 minutes before the advertised closing time to make sure you will be seen.



For information about referrals and access to the service/referral criteria please telephone the service on 020 3049 1337



Your views are important to us

We welcome feedback about our service. If you wish to share your opinions of how we can improve the service you can...



If you need independent information or advice about your treatment you can contact:

The Patient Advice and Liaison Service (PALS)

Lewisham PALS can be contacted free on 0800 587 7027 or email on pals.lewisham@nhs.net

PALS is a confidential service that can provide support, information and advice to patients and their families/carers.

Lewisham and Greenwich 
NHS Trust

Lewisham
Occupational **T**herapy
Service
For children and young
people
A “**CAN DO**” approach to building
skills for life

DROP-IN CLINIC

Information and Advice for
improving your child's
participation in home and school
activities

**No Appointment or
Referral Necessary**

Tel: 0203 049 1337